

TONENETWORKS FALL ENRICHMENT CLASSES



ENRICHMENT CLASSES

Lils Relax - Saturdays

Join us for a 30 minute relaxation session with a music therapist. In this children's relaxation session, we'll guide little ones through fun, soothing exercises that help them feel relaxed, focused, and happy. Perfect for helping children find calm after a busy day, this session promotes a sense of peace, balance, and regulation skills.

AGE: 7-10

TIMES: Tuesdays 11:30 AM - 12:00 AM

DATES: Consecutive Saturday

LOCATION: 5624 Lincoln Dr, Suite 280, MPLS, MN, 55436

Sensory Saturday

Join us for a fun and engaging hour of Sensory Saturday, a group class designed to support connection, creativity, and self-expression through music therapy, movement, and sensory play. Led by our board-certified music therapists, each session promotes peer interaction, leisure skill development, and choice-making in a supportive and inclusive environment.

Please Note: Toneworks does not provide 1:1 staffing for this class. If you or your child require individual support, please plan to bring your own 1:1 staff.

AGE: 15+

TIMES: Saturdays 1:00 PM - 2:00 PM

DATES: Consecutive Saturdays

LOCATION: 10913 Bren Rd. E., Hopkins, MN 55343



COMMUNITY EVENT & PARTNERSHIP CLASSES

Sensational Singers w/ Down Syndrome Association

Let your superstar shine with Sensational Singers, Toneworks' adaptive choir designed to celebrate every voice! In this fun and inclusive 8-week class, singers will work with a board-certified music therapist to build vocal skills, explore favorite songs, and connect with peers in a supportive group setting.

AGE: 13+

TIMES: 5:30 - 6:30 PM

DATES: Thursdays Oct. 15th - Dec. 17th

No Class Oct. 22nd & Dec. 26th

LOCATION: Edina

TIMES: 11:30 - 12:30 PM

DATES: Saturdays Oct. 17th - 19th

No Class Oct. 24th & Dec. 28th

LOCATION: Hopkins

Kick Cancer to the Curb

A community health and cancer awareness event.

Saturday, September 12th, 2026

11:00 AM - 5:00 PM

Lynnhurst Recreation Center: 1345 West Minnehaha Pkwy

Step Up for Down Syndrome

The Step Up event is a major annual fundraiser and community celebration.

Sunday, September 27, 2026

Como Park, St. Paul

MN Orchestra - Fall Sensory Concert

Small ensemble concerts are inclusive experiences for all ages, including individuals with autism or sensory sensitivities.

Sat Oct 17, 2026

11:00 AM - 12:00 PM

Orchestra Hall

